


Alexandria Middle School

February

Maschio's Food Services, Inc.

February 2010 Menu

Healthy Meals Grow Healthy Kids!

Tuesday		Wednesday		Thursday		Friday		
1 Pizza Dippers w/Sauce Fruit Juice Vegetable Fruit & Salad Bar Beverage	2 Cheese Quesadillas Broccoli Oranges Fruit & Salad Bar Beverage	3 Tacos w/Cheese Rice Salsa Fruit & Salad Bar Beverage 	4 Popcorn Chicken Roll French Fries Vegetable Fruit & Salad Bar Beverage	5 Pan Pizza Caesar Salad Fresh Fruit Fruit & Salad Bar Beverage				
8 Nachos w/Cheese & Beef Rice Salsa Pineapple Fruit & Salad Bar 	9 Mac & Cheese Vegetable Bread Fruit & Salad Bar Beverage	10 Chicken Tenders Buttered Noodles Broccoli Whole Grain Dinner Roll Fruit & Salad Bar	11 Olympic Heart Healthy Big Daddy's Pizza Caesar Salad Fruit Juice Fruit & Salad Bar Beverage 	12 SCHOOL CLOSED 				
15  Washington Lincoln SCHOOL CLOSED	16 CHINESE NEW YEAR General Tso's Chicken Rice Stir Fry Veggies Pineapple Fortune Cookie Fruit & Salad Bar 	17 Pancakes w/Sausage & Hash Browns Orange Juice Fruit & Salad Bar Beverage 	18 Chicken Pattie on Bun Pickles Lettuce & Tomato French Fries Fruit & Salad Bar Beverage	19 Stuffed Crust Pizza Caesar Salad Fruit Juice Fruit & Salad Bar Beverage 				
22 Mozzarella Sticks w/ Sauce Green Beans Garlic Bread Fruit & Salad Bar	23 Grilled Chicken Pattie on Bun Tator Tots Corn Fruit & Salad Bar	24 Pasta w/Meat Sauce Garlic Bread Tossed Salad Fruit & Salad Bar Beverage	25 Chicken Nuggets Dinner Roll Mashed Potatoes Corn Fruit & Salad Bar 	26 Pan Pizza Tossed Salad Juice Fruit & Salad Bar Beverage				
Fruit of the Month 		In case of a delayed opening lunch will be Pizza, vegetable, fruit & beverage		Veggie of the Month 	Please purchase lunch tickets on Monday or Tuesday. Checks should be made out to: Alexandria Twp. Bd. For \$16.25			

Complete Lunch \$3.25
Adult Lunch \$3.75

"SIDEKICKS"

Milk \$.50
Spring Water \$1.00
Iced Tea \$.75
Hot Pretzel \$.75
Baked Chips \$1.75
Soup \$1.50
Cookie \$.25
Fresh Fruit Cup \$1.00
Ice Cream \$.75-\$1.25

Please visit us at
www.maschiofood.com

Sandwich Lunch

Mon & Tues Pizza
Wed Thurs & Fri Egg
Salad Sand
CHICKEN PATTIE ON BUN-DAILY
Salad, Fruit Bar, & Beverage

Available Daily

SALAD EXPRESS

\$3.25

Salad Platter with fresh vegetables, various proteins, breads and fruits. Beverage In-



SALAD & FRUIT BAR

Choice of salad greens, toppings, fresh fruit, or canned fruit in natural juice and condiments.

Choice of flavored or unflavored, whole, low fat milk, spring water.

BAGEL LUNCH AVAILABLE
DAILY-Bagel, Cheese Stick, Yogurt, fruit & drink



BEST BUY *Complete Lunch...Only \$3.25
Includes Vegetable, Fruit or Juice and Milk

Lunch Tickets Available in the Cafeteria
5 Meals \$16.25